



bellavie



Instruction for use BELLAVIE products

Synbioceutical®

BEL-01.....BellaVie Immuno

BEL-02.....BellaVie Gluco

BEL-03.....BellaVie Woman

BEL-04.....BellaVie Cholesterol

BEL-05.....BellaVie Children

BEL-06.....BellaVie Stress

An innovative range of probiotics and synbiotics with a scientific approach focused on the current problems of global health.

www.bellavie.asia

www.Bellavie.eu

www.Bellavie.be

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Leaflet: Instruction for user

NAME:

BellaVie Immuno

Health supplement for improvement of the immune system

CODE:

BEL 01 - 30 caps/box -

INTRODUCTION:

The ***BellaVie Immuno*** is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 8 probiotic microbial species, prebiotic and health supplement, each selected for well-documented supportive health benefits. The formula has been developed with essential intestinal bacteria and yeast to support a more favourable balance of intestinal microbiota.

The formula is completed with prebiotics which are working in synergy with probiotics and enhance their activity.

The ***BellaVie Immuno*** caps contain Vitamin C & Vitamin D3 to **improve the immune function**.

Probiotic:

Probiotics are living microorganisms that when consumed in adequate amounts have beneficial effects on the health of their host.

They're usually bacteria, but certain types of yeasts can also function as probiotics.

You can get probiotics from supplements, as well as from foods prepared by bacterial fermentation.

The most common groups include *Lactobacillus* and *Bifidobacterium*. Each group comprises different species, and each species has many strains.

Prebiotic:

Prebiotics are made up of carbohydrates that your body can't digest. They exist as food for the probiotic bacteria. The use of prebiotics and probiotics together make your probiotics more effective.

Nutraceutical:

Vitamin C & Vitamin D: these vitamins contribute to the normal function of the immune system.

The concentration of vitamin C in the white blood cells is 80 times greater than in the red blood cells. In fact, vitamin C has the capacity to increase the number and effectivity of white blood cells. Vitamin D reduce your risk of infectious disease by strengthening your innate immune system.

PRODUCT FEATURES:

- **Innovative formula:** the formula has been developed for specific uses. The product contains selected probiotics, prebiotics and nutraceutical which are well scientifically described for their specific health benefits.



- **High CFU:** Each capsule contains high quantity of alive microorganisms. The quantity is given in CFU (Colony Forming Unit). Each capsule contains: 10.000.000.000 CFU
- **Synbiotic product:** Capsules contains Prebiotic + Probiotics = Synbiotics. Prebiotics are stimulating the growth and activity of some microorganisms.
- **Nutraceutical :** Vit. D3 & Vit. C to improve immune response;
- **Stomach acid resistant caps:** To protect the probiotics from the acid of the stomach, we use specific caps with a higher resistance to the acidity of the stomach. So the quantity of alive probiotics into the gut will be higher. Caps are certified Vegan, Non-GMO, Vegetarian Society, Halal and Kosher.
- **Low moisture packaging:** our packaging (cap and blister) has been selected to keep probiotics out of moisture and guaranty a longer live to our probiotics.
- **Synbioceutical®:** the composition of our formula includes synbiotics and nutraceutical for a combined and synergistic effect.

INGREDIENTS :

Supplements Facts – Serving Size 1 capsule

Each Capsule Contains:

Multi-Strain Probiotic Blend.....10 Billion CFU

Containing:

Bacillus Coagulans - LMG 6326

Bifidobacterium Breve - LMG 13208

Lactobacillus Acidophilus LMG 8151

Lactobacillus Casei - LMG 6904

Lactobacillus Plantarum LMG 26367

Lactobacillus Reuteri LMG 9213

Lactobacillus Rhamnosus LMG 25626

Saccharomyces boulardi - LMG 6326

Prebiotic (Inuline)28 mg

Vitamines C (Camu-Camu).....30% AJR

Vitamines D3 30% AJR

STORAGE :

Store in a cool, dry place.

Refrigerated is recommended when possible.

As capsules contains dried alive microorganisms, we recommend to avoid high variation of temperature and humidity.

Keep out of reach of children.

POSOLOGY:

Adults take one capsule daily or as directed. May increase to 1 capsule twice daily if desired

SIDE EFFECTS:

No adverse side effects have been reported.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Not indicated in immunocompromised patients.

This nutritional supplement is no substitute for a varied diet. Best before: see side of the box

Food Supplement – Notification N°: NUT/XX XX/XX – Made in Belgium

BellaVie sprl – Rue Emile Duculot, 9B – 5060 Tamines – Belgium – bellavie@bellavie.eu – www.bellavie.eu



Leaflet: Instruction for user

NAME:

BellaVie Gluco

Health supplement to normalize and stabilize sugar and insulin levels in the blood

CODE:

BEL 02 - 30 caps/box -

INTRODUCTION:

The **BellaVie GLUCO** from Bellavie is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 6 probiotic microbial species, prebiotic and supplement, each selected for well-documented supportive health benefits. The formula has been developed with essential intestinal bacteria to support a more favourable balance of intestinal microbiota. The formula is completed with prebiotics and nutraceuticals which are working in synergy with probiotics and enhance their activity.

BellaVie GLUCO contains Nopal with diuretic action and Chromium that helps to **normalize and stabilize sugar and insulin levels in the blood**

Probiotic:

Probiotics are living microorganisms that when consumed in adequate amounts have beneficial effects on the health of their host.

They're usually bacteria, but certain types of yeasts can also function as probiotics.

You can get probiotics from supplements, as well as from foods prepared by bacterial fermentation.

The most common groups include *Lactobacillus* and *Bifidobacterium*. Each group comprises different species, and each species has many strains.

Prebiotic:

Prebiotics are made up of carbohydrates that your body can't digest. They exist as food for the probiotic bacteria. The use of prebiotics and probiotics together make your probiotics more effective.

Nutraceutical:

Nopal: Extract of *Opuntia ficus indica* cactus fruits with Diuretic & weight management properties and Antioxidant properties

Chromium Chloride (III): Essential trace element that increases the sensitivity of tissues to insulin. This helps to normalize and stabilize sugar and insulin levels in the blood. Chromium also plays a role in the metabolism of fats and proteins and promotes the action of several enzymes necessary for the functioning of the body.

PRODUCT FEATURES:

- **Innovative formula:** the formula has been developed for specific uses. The product contains selected probiotics, prebiotics and nutraceutical which are well scientifically described for their specific health benefits.



- **High CFU:** Each capsule contains high quantity of alive microorganisms. The quantity is given in CFU (Colony Forming Unit). Each capsule contains: 10.000.000.000 CFU
- **Synbiotic product:** Capsules contains Prebiotic + Probiotics = Synbiotics. Prebiotics are stimulating the growth and activity of some microorganisms.
- **Nutraceutical :** Chromium Chloride to normalize and stabilize sugar and insulin levels in the blood
- **Stomach acid resistant caps:** To protect the probiotics from the acid of the stomach, we use specific caps with a higher resistance to the acidity of the stomach. So the quantity of alive probiotics into the gut will be higher. Caps are certified Vegan, Non-GMO, Vegetarian Society, Halal and Kosher.
- **Low moisture packaging:** our packaging (cap and blister) has been selected to keep probiotics out of moisture and guaranty a longer live to our probiotics.
- **Synbioceutical®:** the composition of our formula includes synbiotics and nutraceutical for a combined and synergistic effect.

INGREDIENTS :

Supplements Facts – Serving Size 1 capsule

Each Capsule Contains:

Multi-Strain Probiotic Blend.....10 Billion CFU

Containing:

Bacillus Coagulans - LMG 6326
 Bifidobacterium Animalis Lactis - LMG 18314
 Lactobacillus Acidophilus LMG 8151
 Lactobacillus Casei - LMG 6904
 Lactobacillus Gasseri LMG 26661
 Lactobacillus Plantarum LMG 26367
 Lactobacillus Rhamnosus LMG 25626
 Prebiotic (Inuline)28 mg
 Chromium Chloride (III)30% AJR
 CACTINEA (Nopal).....67 mg

STORAGE :

Store in a cool, dry place.

Refrigerated is recommended when possible.

As capsules contains dried alive microorganisms, we recommend to avoid high variation of temperature and humidity.

Keep out of reach of children.

POSODOLOGY:

Adults take one capsule daily or as directed. May increase to 1 capsule twice daily if desired

SIDE EFFECTS:

No adverse side effects have been reported.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product.

This nutritional supplement is no substitute for a varied diet. Best before: see side of the box

Food Supplement – Notification N°: NUT/XX XX/XX – Made in Belgium

BellaVie sprl – Rue Emile Dukulot, 9B – 5060 Tamines – Belgium – bellavie@bellavie.eu – www.bellavie.eu



Leaflet: Instruction for user

NAME:

BellaVie Woman

Health supplement to reduce the risk of urinary tract infections.

CODE:

BEL 03 - 30 caps/box -

INTRODUCTION:

The **BellaVie WOMAN** from Bellavie is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 7 probiotic microbial species, prebiotic and supplement, each selected for well-documented supportive health benefits. The formula has been developed with essential intestinal bacteria to support a more favourable balance of intestinal microbiota.

The formula is completed with prebiotics and nutraceuticals which are working in synergy with probiotics and enhance their activity.

BellaVie Woman contains Cranberry extract that contribute to reduce the risk of urinary tract infections.

Probiotic:

Probiotics are living microorganisms that when consumed in adequate amounts have beneficial effects on the health of their host.

They're usually bacteria, but certain types of yeasts can also function as probiotics.

You can get probiotics from supplements, as well as from foods prepared by bacterial fermentation.

The most common groups include *Lactobacillus* and *Bifidobacterium*. Each group comprises different species, and each species has many strains.

Prebiotic:

Prebiotics are made up of carbohydrates that your body can't digest. They exist as food for the probiotic bacteria. The use of prebiotics and probiotics together make your probiotics more effective.

Nutraceutical:

Cranberry (*Vaccinium macrocarpon* Ait.) ingestion has long been associated with prevention of urinary tract infections. The beneficial mechanism is due to the fruit acids causing a bacteriostatic effect in the urine.

PRODUCT FEATURES:

- **Innovative formula:** the formula has been developed for specific uses. The product contains selected probiotics, prebiotics and nutraceutical which are well scientifically described for their specific health benefits.
- **High CFU:** Each capsule contains high quantity of alive microorganisms. The quantity is given in CFU (Colony Forming Unit). Each capsule contains: 10.000.000.000 CFU
- **Synbiotic product:** Capsules contains Prebiotic + Probiotics = Synbiotics. Prebiotics are stimulating the growth and activity of some microorganisms.



- **Nutraceutical:** Cranberry extract that contribute to reduce the risk of urinary tract infections.
- **Stomach acid resistant caps:** To protect the probiotics from the acid of the stomach, we use specific caps with a higher resistance to the acidity of the stomach. So the quantity of alive probiotics into the gut will be higher. Caps are certified Vegan, Non-GMO, Vegetarian Society, Halal and Kosher.
- **Low moisture packaging:** our packaging (cap and blister) has been selected to keep probiotics out of moisture and guaranty a longer live to our probiotics.
- **Synbioceutical®:** the composition of our formula includes synbiotics and nutraceutical for a combined and synergistic effect.

INGREDIENTS :

Supplements Facts – Serving Size 1 capsule

Each Capsule Contains:

Multi-Strain Probiotic Blend.....10 Billion CFU

Containing:

Bacillus Coagulans - LMG 6326

Bifidobacterium Animalis Lactis LMG 18314

Bifidobacterium Longum LMG 26652

Lactobacillus Acidophilus LMG 8151

Lactobacillus Crispatus - LMG 12005

Lactobacillus Fermentum LMG 6902

Lactobacillus Rhamnosus LMG 25626

Prebiotic (Inuline)28 mg

Cranberry dry extract.....100 mg

STORAGE :

Store in a cool, dry place.

Refrigerated is recommended when possible.

As capsules contains dried alive microorganisms, we recommend to avoid high variation of temperature and humidity.

Keep out of reach of children.

POSOLOGY:

Adults take one capsule daily or as directed. May increase to 1 capsule twice daily if desired

SIDE EFFECTS:

No adverse side effects have been reported.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product.

This nutritional supplement is no substitute for a varied diet. Best before: see side of the box

Food Supplement – Notification N°: NUT/XX XX/XX – Made in Belgium

BellaVie sprl – Rue Emile Duculot, 9B – 5060 Tamines – Belgium – bellavie@bellavie.eu – www.bellavie.eu



Leaflet: Instruction for user

NAME:

BellaVie Cholesterol

Health supplement that helps to normalize the cholesterol level in the blood.

CODE:

BEL 04 - 30 caps/box -

INTRODUCTION:

The **BellaVie CHOLESTEROL** from Bellavie is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 5 probiotic microbial species, prebiotic and supplement, each selected for well-documented supportive health benefits. The formula has been developed with essential intestinal bacteria to support a more favourable balance of intestinal microbiota.

The formula is completed with prebiotics and nutraceuticals which are working in synergy with probiotics and enhance their activity.

BellaVie CHOLESTEROL contains Pine Phytosterol that helps to **normalize the cholesterol level in the blood**

Probiotic:

Probiotics are living microorganisms that when consumed in adequate amounts have beneficial effects on the health of their host.

They're usually bacteria, but certain types of yeasts can also function as probiotics.

You can get probiotics from supplements, as well as from foods prepared by bacterial fermentation.

The most common groups include *Lactobacillus* and *Bifidobacterium*. Each group comprises different species, and each species has many strains.

Prebiotic:

Prebiotics are made up of carbohydrates that your body can't digest. They exist as food for the probiotic bacteria. The use of prebiotics and probiotics together make your probiotics more effective.

Nutraceutical:

Pine Phytosterol belongs to the chemical family of sterols and include Stanols. Unlike the cholesterol present in meats and animal by-products (eggs, milk), this is of plant origin. Due to its chemical structure close to that of the Cholesterol, the phytosterol partially impedes its absorption by occupying its absorption sites in the intestine.

PRODUCT FEATURES:

- **Innovative formula:** the formula has been developed for specific uses. The product contains selected probiotics, prebiotics and nutraceutical which are well scientifically described for their specific health benefits.
- **High CFU:** Each capsule contains high quantity of alive microorganisms. The quantity is given in CFU (Colony Forming Unit). Each capsule contains: 10.000.000.000 CFU



- **Synbiotic product:** Capsules contains Prebiotic + Probiotics = Synbiotics. Prebiotics are stimulating the growth and activity of some microorganisms.
- **Nutraceutical:** Pine Phytosterol that helps to normalize the cholesterol level in the blood
- **Stomach acid resistant caps:** To protect the probiotics from the acid of the stomach, we use specific caps with a higher resistance to the acidity of the stomach. So the quantity of alive probiotics into the gut will be higher. Caps are certified Vegan, Non-GMO, Vegetarian Society, Halal and Kosher.
- **Low moisture packaging:** our packaging (cap and blister) has been selected to keep probiotics out of moisture and guaranty a longer live to our probiotics.
- **Synbioceutical®:** the composition of our formula includes synbiotics and nutraceutical for a combined and synergistic effect.

INGREDIENTS :

Supplements Facts – Serving Size 1 capsule

Each Capsule Contains:

Multi-Strain Probiotic Blend.....10 Billion CFU

Containing:

Bacillus Coagulans - LMG 6326

Lactobacillus Acidophilus LMG 8151

Lactobacillus Gasseri LMG 26661

Lactobacillus Plantarum LMG 26367

Lactobacillus Reuteri LMG 9213

Prebiotic (Inuline)28 mg

Pine Phytosterol.....133,5 mg

STORAGE :

Store in a cool, dry place.

Refrigerated is recommended when possible.

As capsules contains dried alive microorganisms, we recommend to avoid high variation of temperature and humidity.

Keep out of reach of children.

POSODOLOGY:

Adults take one capsule daily or as directed. May increase to 1 capsule twice daily if desired

SIDE EFFECTS:

No adverse side effects have been reported.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product.

Contains added plant sterols. This product is exclusively for people who want to lower their blood cholesterol level. Consumption of more than 3g of plant sterols / plant stanols per day should be avoided.

This nutritional supplement is no substitute for a varied diet. Best before: see side of the box

Food Supplement – Notification N°: NUT/XX XX/XX – Made in Belgium

BellaVie sprl – Rue Emile Duculot, 9B – 5060 Tamines – Belgium – bellavie@bellavie.eu – www.bellavie.eu



Leaflet: Instruction for user

NAME:

BellaVie Children

Health supplement that contribute to maintain the growth, the immune response and the neurological function

CODE:

BEL 05 - 30 caps/box -

INTRODUCTION:

The **BellaVie CHILDREN** from Bellavie is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 8 probiotic microbial species, prebiotic and supplement, each selected for well-documented supportive health benefits. The formula has been developed with essential intestinal bacteria to support a more favourable balance of intestinal microbiota.

The formula is completed with prebiotics and nutraceuticals which are working in synergy with probiotics and enhance their activity.

BellaVie CHILDREN contains Zinc that contribute to maintain the growth, the immune response and the neurological function

Probiotic:

Probiotics are living microorganisms that when consumed in adequate amounts have beneficial effects on the health of their host.

They're usually bacteria, but certain types of yeasts can also function as probiotics.

You can get probiotics from supplements, as well as from foods prepared by bacterial fermentation.

The most common groups include Lactobacillus and Bifidobacterium. Each group comprises different species, and each species has many strains.

Prebiotic:

Prebiotics are made up of carbohydrates that your body can't digest. They exist as food for the probiotic bacteria. The use of prebiotics and probiotics together make your probiotics more effective.

Nutraceutical:

Zinc Bisglycinate: Zinc is important for cellular growth, cellular differentiation and metabolism and deficiency limits childhood growth and decreases resistance to infections. Zinc bisglycinate is a form of zinc that is perfectly assimilated and supported by the body.

PRODUCT FEATURES:

- **Innovative formula:** the formula has been developed for specific uses. The product contains selected probiotics, prebiotics and nutraceutical which are well scientifically described for their specific health benefits.
- **High CFU:** Each capsule contains high quantity of alive microorganisms. The quantity is given in CFU (Colony Forming Unit). Each capsule contains: 5.000.000.000 CFU



- **Synbiotic product:** Capsules contains Prebiotic + Probiotics = Synbiotics. Prebiotics are stimulating the growth and activity of some microorganisms.
- **Nutraceutical:** Zinc bisglycinate to improve the management of immune response;
- **Sprinkle Caps:** our caps have been specifically designed for an easy-opening. Caps are certified Vegan, Non-GMO, Vegetarian Society, Halal and Kosher certifications
- **Low moisture packaging:** our packaging (cap and blister) has been selected to keep probiotics out of moisture and guaranty a longer live to our probiotics.
- **Synbioceutical®:** the composition of our formula includes synbiotics and nutraceutical for a combined and synergistic effect.

INGREDIENTS :

Supplements Facts – Serving Size 1 capsule

Each Capsule Contains:

Multi-Strain Probiotic Blend.....5 Billion CFU

Containing:

Bacillus Coagulans - LMG 6326
 Bifidobacterium Animalis Lactis LMG 18314
 Bifidobacterium Infantis - LMG 25627
 Lactobacillus Acidophilus LMG 8151
 Lactobacillus Helveticus - LMG 26307
 Lactobacillus Reuteri - LMG 9213
 Lactobacillus Rhamnosus LMG 25626
 Saccharomyces boulardi - LMG 6326
 Prebiotic (Inuline)28 mg
 Zinc bisglycinate30% AJR

STORAGE :

Store in a cool, dry place.

Refrigerated is recommended when possible.

As capsules contains dried alive microorganisms, we recommend to avoid high variation of temperature and humidity.

Keep out of reach of children.

POSOLOGY:

Children take one capsule daily or as directed. The sprinkle cap is easy to open and the powder can be mix with drink or food (milk, juice, yaourt, cream, ...)

May increase to 1 capsule twice daily if desired.

SIDE EFFECTS:

No adverse side effects have been reported.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product.

This nutritional supplement is no substitute for a varied diet. Best before: see side of the box

Food Supplement – Notification N°: NUT/XX XX/XX – Made in Belgium

BellaVie sprl – Rue Emile Duculot, 9B – 5060 Tamines – Belgium – bellavie@bellavie.eu – www.bellavie.eu



Leaflet: Instruction for user

NAME:

BellaVie Stress

Health supplement that contribute to maintain the normal function of the neurological system

CODE:

BEL 06 - 30 caps/box -

INTRODUCTION:

The **BellaVie STRESS** from Bellavie is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 10 probiotic microbial species, prebiotic and supplement, each selected for well-documented supportive health benefits. The formula has been developed with essential intestinal bacteria to support a more favourable balance of intestinal microbiota.

The formula is completed with prebiotics and nutraceuticals which are working in synergy with probiotics and enhance their activity.

BellaVie STRESS contains vitamins B6 & B9 that contribute to maintain the normal function of the **neurological system**

Probiotic:

Probiotics are living microorganisms that when consumed in adequate amounts have beneficial effects on the health of their host.

They're usually bacteria, but certain types of yeasts can also function as probiotics.

You can get probiotics from supplements, as well as from foods prepared by bacterial fermentation.

The most common groups include *Lactobacillus* and *Bifidobacterium*. Each group comprises different species, and each species has many strains.

Prebiotic:

Prebiotics are made up of carbohydrates that your body can't digest. They exist as food for the probiotic bacteria. The use of prebiotics and probiotics together make your probiotics more effective.

Nutraceutical:

Vitamin B6 is a water-soluble vitamin that is naturally present in many foods. Vitamin B6 plays a role in cognitive development through the biosynthesis of neurotransmitters and in maintaining normal levels of homocysteine in the blood. Several studies have demonstrated an association between vitamin B6 and brain function in the elderly.

Vitamin B9 is involved in amino acid metabolism and DNA production. It contributes to the proper functioning of the nervous system and the production of certain neurotransmitters.

PRODUCT FEATURES:

- **Innovative formula:** the formula has been developed for specific uses. The product contains selected probiotics, prebiotics and nutraceutical which are well scientifically described for their specific health benefits.



- **High CFU:** Each capsule contains high quantity of alive microorganisms. The quantity is given in CFU (Colony Forming Unit). Each capsule contains: 10.000.000.000 CFU
- **Synbiotic product:** Capsules contains Prebiotic + Probiotics = Synbiotics. Prebiotics are stimulating the growth and activity of some microorganisms.
- **Nutraceutical:** Vit.B6 – Vit. B9, to improve effect of stress management
- **Stomach acid resistant caps:** To protect the probiotics from the acid of the stomach, we use specific caps with a higher resistance to the acidity of the stomach. So the quantity of alive probiotics into the gut will be higher. Caps are certified Vegan, Non-GMO, Vegetarian Society, Halal and Kosher.
- **Low moisture packaging:** our packaging (cap and blister) has been selected to keep probiotics out of moisture and guaranty a longer live to our probiotics.
- **Synbioceutical®:** the composition of our formula includes synbiotics and nutraceutical for a combined and synergistic effect.

INGREDIENTS :

Supplements Facts – Serving Size 1 capsule

Each Capsule Contains:

Multi-Strain Probiotic Blend.....10 Billion CFU

Containing:

Bacillus Coagulans - LMG 6326

Bifidobacterium Breve LMG 13208

Bifidobacterium Infantis LMG 25627

Bifidobacterium Longum LMG 26652

Lactobacillus Casei LMG 6904

Lactobacillus Helveticus LMG 26307

Lactobacillus Paracasei LMG 7955

Lactobacillus Plantarum LMG 26367

Lactobacillus Rhamnosus LMG 25626

Lactobacillus Salivarius LMG 9477

Prebiotic (Inuline)28 mg

Vitamine B6.....30% AJR

Vitamine B9.....30% AJR

STORAGE :

Store in a cool, dry place.

Refrigerated is recommended when possible.

As capsules contains dried alive microorganisms, we recommend to avoid high variation of temperature and humidity.

Keep out of reach of children.

POSOLOGY:

Adults take one capsule daily or as directed. May increase to 1 capsule twice daily if desired

SIDE EFFECTS:

No adverse side effects have been reported.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product.

This nutritional supplement is no substitute for a varied diet. Best before: see side of the box

Food Supplement – Notification N°: NUT/XX XX/XX – Made in Belgium

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems. These products are not intended to diagnose, treat, cure, or prevent any disease

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